

# **Career Development Awards 101**

**Katherine E. Hartmann, MD, PhD**  
**Vanderbilt Grants Workshop**  
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# Acknowledgements

- National Institutes of Health
- Dr. Abby Brown
- Dozens of ambitious, productive, and determined early career investigators
- Members of the Newman Society
- The “extreme” mentors of Vanderbilt

# Training and Career Timetable

Stage of Research  
Training / Career

Award Types



- ← Predoctoral Institutional Training Grant
- ← Predoctoral Individual Fellowship

- ← Postdoctoral Institutional Training Grant
- ← Postdoctoral Individual Fellowship

- ← Institutional Career Development Award
- ← Mentored Career Development Award



**Purpose of  
Career Development Programs:**

*To provide protected time for  
individuals to further develop  
research expertise.*

# Which Career Development Award?

## K Kiosk & K Award Wizard

NIH Extramural Training: K Kiosk - Information about NIH Career Development Awards - Windows Internet Explorer

http://grants2.nih.gov/training/careerdevelopmentawards.htm

Google G

NIH Extramural Training: K Kiosk - Information about ...

NATIONAL INSTITUTES OF HEALTH  
Office of Extramural Research


NIH Home  
OER Home

Search Entire Site  
Active Funding Opportunities

Search

**K Kiosk - Information about NIH Career Development Awards**

- [Career Award Wizard](#) - Helps you select the right career award
- **Visual Guide to NIH Career Development Awards**
  - [For individuals with a research doctorate](#)
  - [For individuals with a health-professional doctorate](#)
- **Career Award Data and Administrative Information**
  - [Funded Career Development Awards](#)
  - [Career Award Application Success Rates](#)



Program	Description
	<a href="#">Mentored Research Scientist Development Award</a> Career development in a new area of research. 3-5 yrs; Salary determined by the sponsoring Institute.
K01	<a href="#">International Research Scientist Development K01 Award (IRSDA)</a> Provides US scientists with the opportunity to embark/enhance research careers related to global health.
	<a href="#">Mentored Career Development Award to Promote Faculty Diversity in Biomedical Research (K01)</a> - NHLBI (RFA-HL-05-015)

# Overview of Types of NIH K Awards

- PhD scientists: **K01, K22, K25**
- Physician-scientists: **K08, K23**
- PhD or physician-scientists: **K99/R00**
- Institutional K Award: **K12**
- Mid-career: **K24** (mentors)

# **K12: Institutional Mentored Research Scientist Development Program**

- Enhance research career development for individuals, selected by the institution, who are training for careers in specified research areas.
- Provides institutions with the capacity for mentoring junior investigators through a programmatic approach

# Vanderbilt K12 programs (internal & external funding)

- Building Interdisciplinary Careers in Womens Health (BIRCWH)
  - Vanderbilt Clinical & Translational Research Scholars Program (VCTRS)
  - Vanderbilt Clinical Oncology Research Career Development Program (VCORCDP)
  - Vanderbilt Emergency Medicine Research Training Program (VEMRT)
  - Vanderbilt Environmental Health Sciences Scholars (VEHSS)
  - Vanderbilt In Vivo Cellular & Molecular Imaging Center (VICMIC)
  - Vanderbilt Physician Scientist Development Program
- 
- For More Information on Specific Programs:  
<http://www.mc.vanderbilt.edu/root/vumc.php?site=ctsd&doc=32382>



# **Why Apply for a Mentored Career Development Award (CDA)?**

A recent NIH study of comparable funded & unfunded K01, K08 & K23 applicants concluded that CDA recipients were more likely to:

- Remain in research
- Publish in scientific or medical journals
- Apply for an NIH research grant
- Receive an R01
- Apply for & receive a research grant renewal

# **K01: Mentored Research Scientist Development Award**

- For: Those with a research (non-clinical) doctorate
- Provides an intensive, mentored research experience
- Candidates normally must have a doctoral degree and postdoctoral experience
- Not an extension of postdoctoral training
- Varied and limited NIH IC participation
  - Used for re-entry
  - Used for pursuit of new research area

# K08: Mentored Clinical Scientist Development Award

- For: Those with Clinical Doctorate
- Supervised research experience for individuals with health professional degree who are committed to a career in laboratory research
- Phased award period
  - Didactic experience
  - “Hands-on” research experience
- For individuals intending a career in basic or early translational research

# K22: Research Career Award for Transition to Independence

- For Research or Clinical Doctorate
- Assists transition to independence
  - Some Institutes /Centers have phased out this award & use K99/R00 mechanism instead
- May be activated after identifying a suitable position at a research institution
- Might include mentored and independent phases
- May support an NIH intramural and an extramural phase

# K23: Mentored Patient-Oriented Research Development Award

- For: Those with Health Professional Degree
- Supervised research for clinically trained professionals with a commitment to focus on patient-oriented research
  - Patient-oriented research = research in which the investigator directly interacts with human subjects
- Must have completed clinical training, including specialty/sub-specialty, if applicable, prior to award

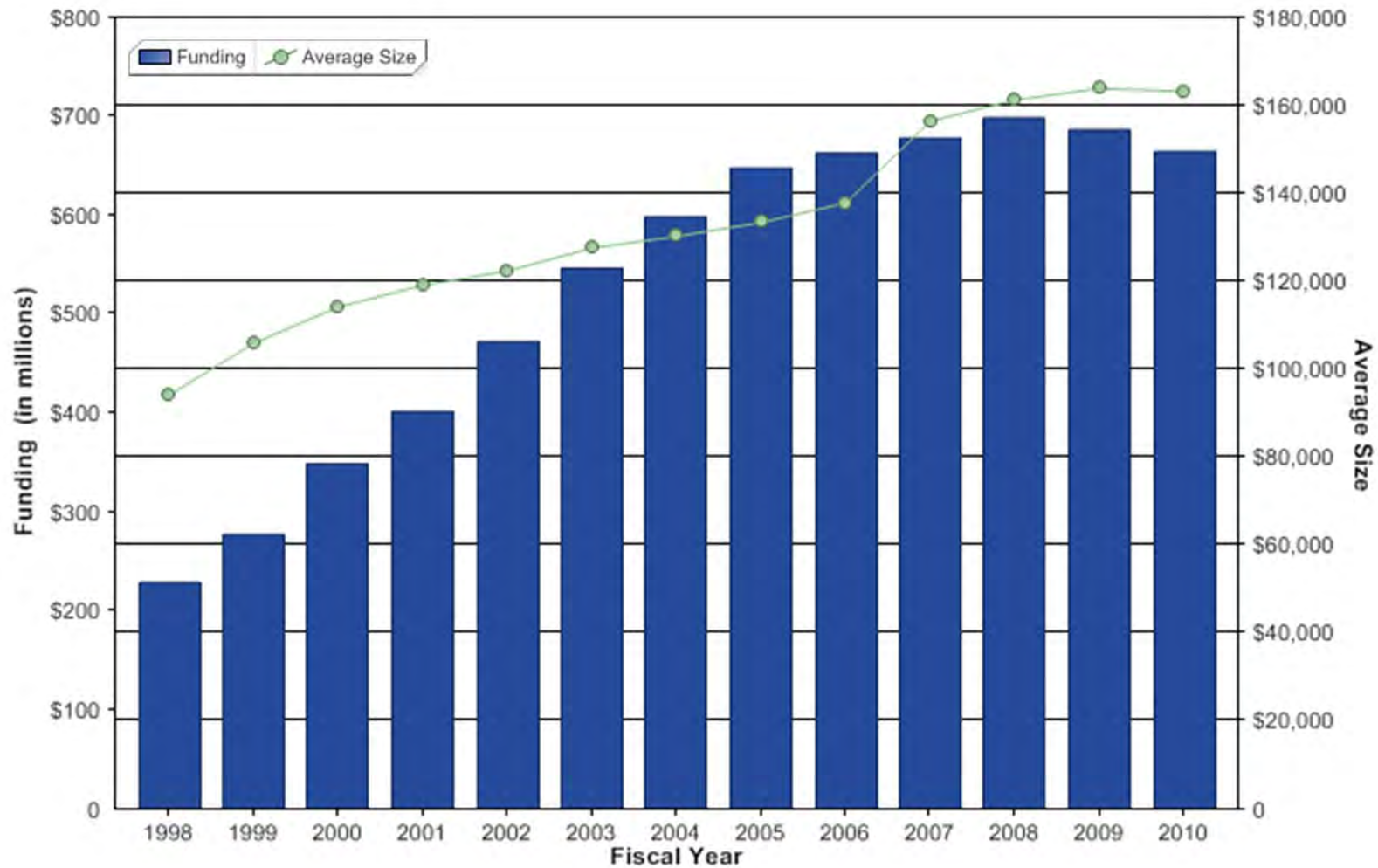
# **K25: Mentored Quantitative Research Development Award**

- For: those with Research Doctorate in Quantitative/Engineering Disciplines
- Mentored experiences for scientists from quantitative and engineering backgrounds interested in pursuing health-related research
- Postdocs to senior faculty eligible to apply

# K99/R00: NIH Pathway to Independence Award

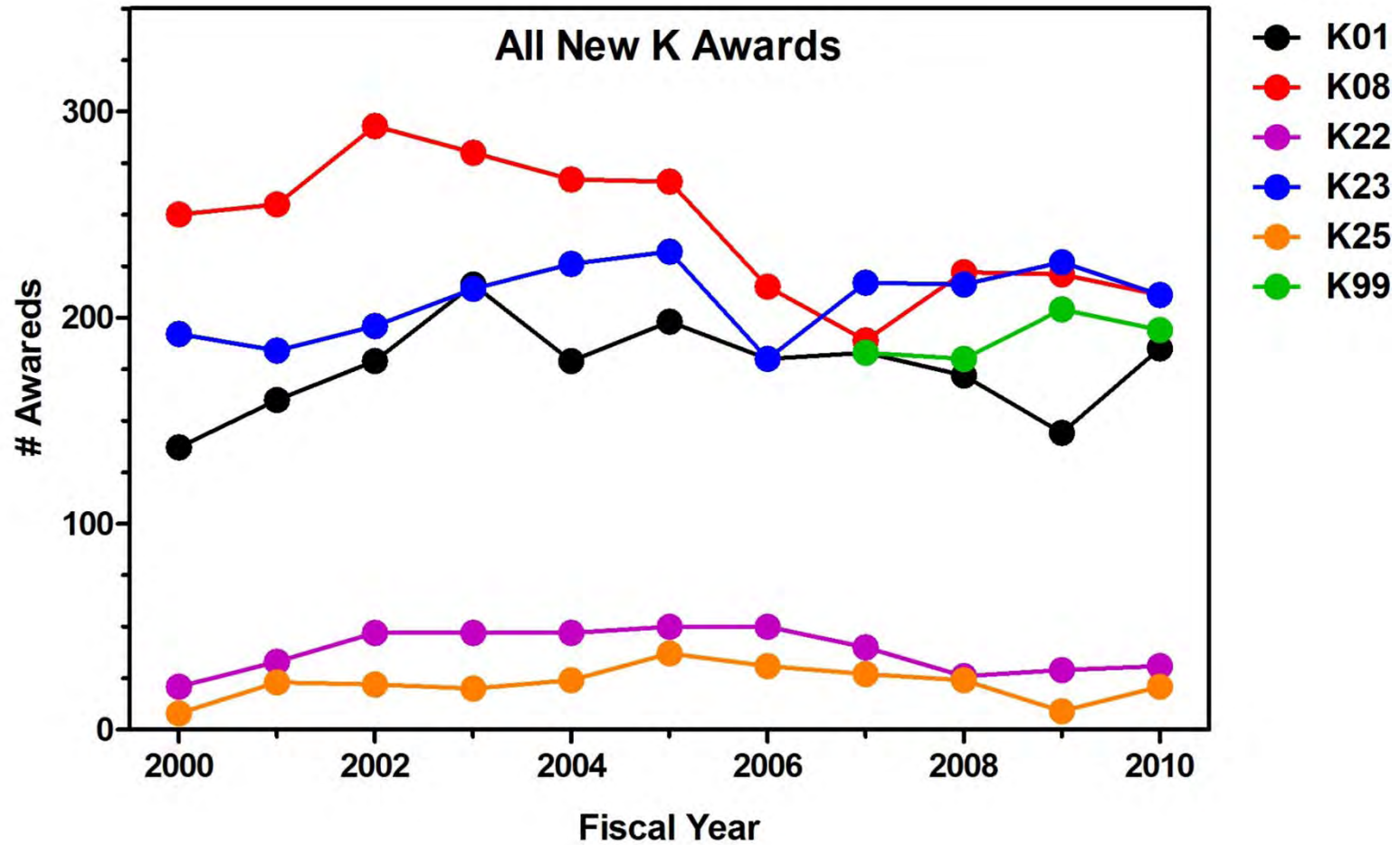
- For Health Professional or Research Doctorates with Research Experience at the Postdoctoral Level
  - **K99:** Mentored research experience for up to 2 years
  - **R00:** Transition to research independence as junior faculty for up to 3 years
- Applicants: no more than 5 years of postdoctoral research training at the time of initial application or resubmission
- Non-U.S. citizens may apply, but institution must be domestic
- Transition to R00 phase requires offer and acceptance of tenure-track, full-time assistant professor position (or equivalent)

# Research Career Development Awards total funding & average size





# Research Career Development Awards



# Mentored K Awards: Scored Review criteria

- **Candidate**
  - Career development plan
  - Plans to evaluate progress
- **Mentor**
  - Letters of Reference and Mentor(s) statements
- **Research plan**
- **Environment & Institutional Commitment to the Candidate**

*Items in red will be discussed in depth this afternoon*

# Mentored K Awards: Additional Review criteria

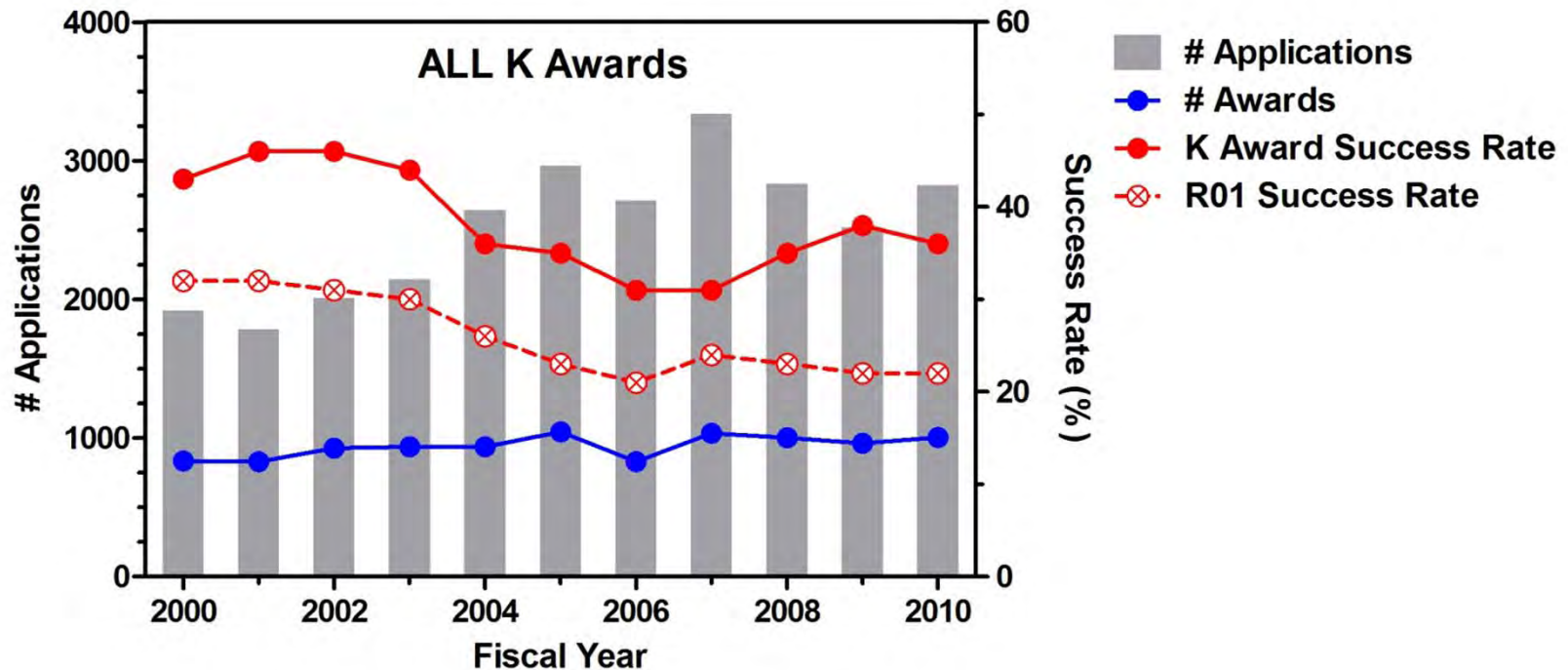
- Additional Review Criteria
  - **Training in the Responsible Conduct of Research**
  - Protection for Human Subjects
  - Inclusion of Women, Minorities, and Children
  - Vertebrate Animals
  - Biohazards
  - Resubmission, Renewal, Revision factors
- Additional Review Considerations
  - Select Agents Research
  - Resource Sharing Plans
  - Budget & Period of Support

# Page Limits

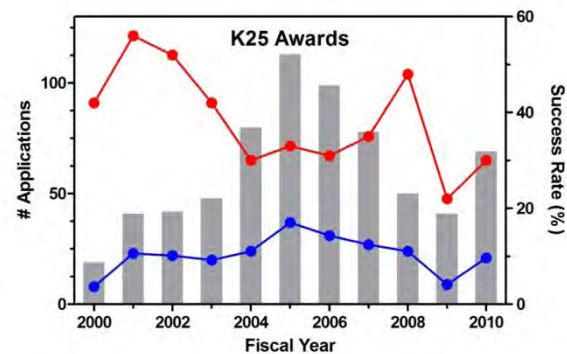
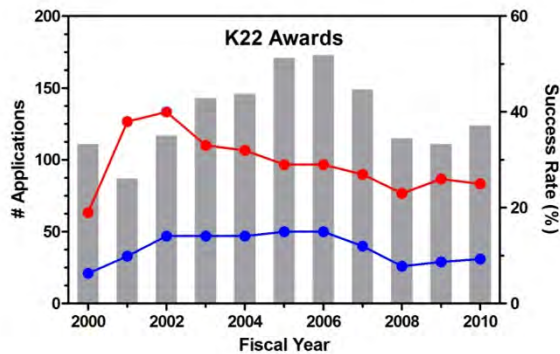
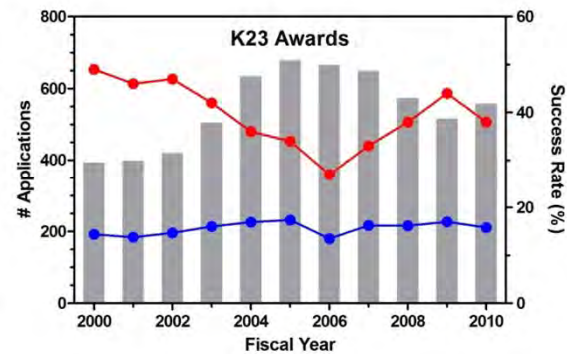
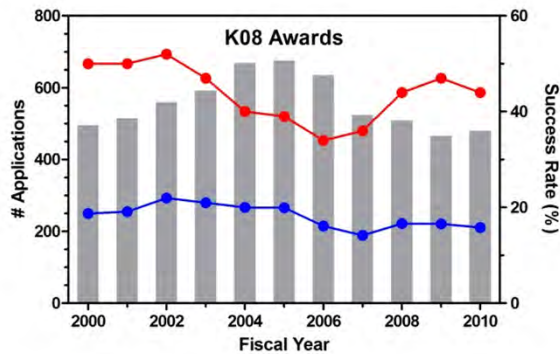
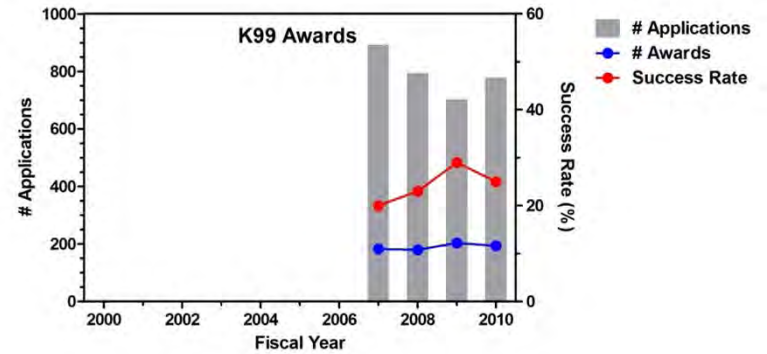
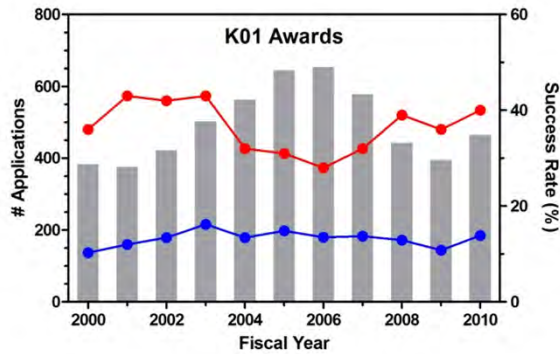
Section of Application	Page Limits *
<b>Introduction to Resubmission or Revision Application</b> (when applicable)	1
<b>Specific Aims</b>	1
<b>First three items of Candidate Information</b> (Candidate's Background, Career Goals and Objectives, and Career Development/Training Activities During Award Period <b>and Research Strategy</b> )	12 pages (for all sections combined)
<b>Training in the Responsible Conduct of Research</b>	1
<b>Mentoring Plan</b>	6
<b>Statements by Mentor, Co-Mentors, Consultants, Contributors</b>	6
<b>Description of Institutional Environment</b>	1
<b>Institutional Commitment to Candidate's Research Career Development</b>	1
<b>Biographical Sketch</b>	4

\*(if different from FOA,FOA supersedes)

# The Good News: Success Rates are Higher for K Awards than R01 Awards!



# Success Rates for Individual K awards



# Eligibility—Who can Apply?

- **Degree:** Doctoral Degree (generally)
  - Some (K08, K23) require clinical degree
- **Citizenship:** US Citizen, Non-Citizen National, Permanent Resident (except K99/R00)
- **Previous Funding:** Previous NIH PD/PI are Ineligible
  - PD/PI on R01 or subproject PD/PI on a P01 is **NOT** OK

*Read the Eligibility Section of the Funding Opportunity Announcements (FOAs) carefully!*

# Common Features

- **Duration:** 3-5 years
  - Extensions in time – award terms remain in effect; e.g. minimum effort requirement must be maintained during the extension period
- **Mentor:** Entry level awards require a mentor, multiple mentors are OK
- **Independent Support:** Mentored Ks encouraged to apply for independent support during K award



# Common Features: Appointment & Effort

- **Appointment:**
  - For K eligibility purposes, individual must have a full-time appointment at applicant organization (*organization defines “full-time”*)
  - Any minimum effort requirement must be covered by that appointment
- **Level of Effort:**
  - Mentored awards require full-time effort (defined as at least 9 person months (i.e.75%) on research and the rest on other career development related activities)
- ***At the time of application and initial award, all candidates must meet the full-time appointment requirement as well as the minimum 75% effort requirement.***

# Common Features: Costs

Some costs vary widely across NIH ICs. Review specific Program Announcements carefully.

- **Salary/fringe benefits:**

- Salaries capped between \$75,000 and legislatively mandated cap (currently \$199,700)
- Fringe benefits are over & above any salary cap
- Salary supplementation is OK, but must not require extra duties that would interfere with K activities

- **Research/development costs:**

- Generally \$25,000 to \$50,000
- Commonly used for: supplies, equipment, technical personnel, travel to research meetings or training, tuition/fees, computational services

# Common Features: Costs (cont.)

- **Ancillary Personnel Support:**  
Generally **not** allowed
  - salary for administrative/secretarial support, support for mentors
- **F&A Costs: 8% Rate**  
Base = Modified Total Direct Costs

**Take Home:**

**Ks fund the scientist and not the science**

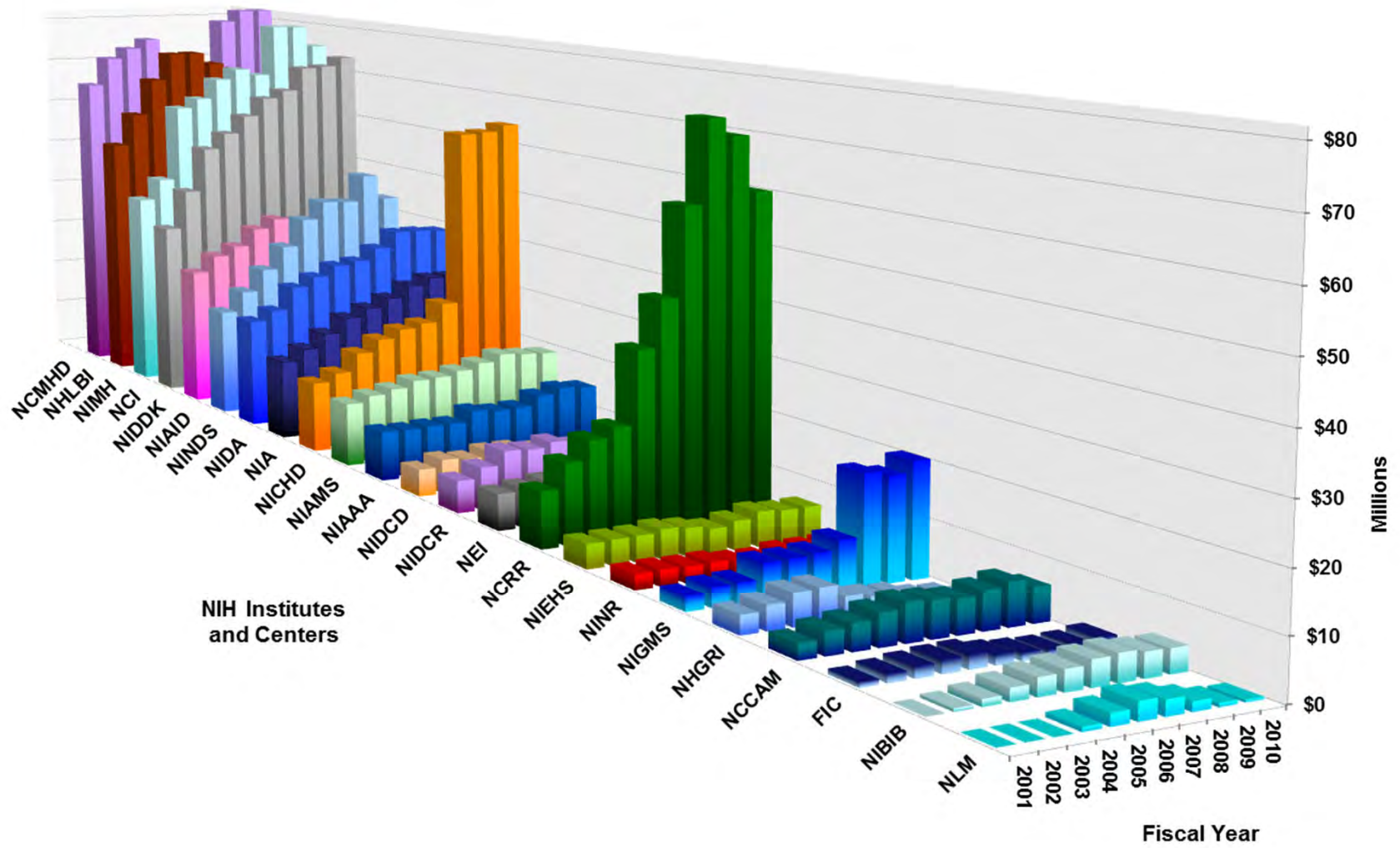
# Common Features: Changes

- **Change of Institution or Mentor:**
  - **Requires prior approval in writing of the NIH awarding component; contact NIH staff ASAP!**

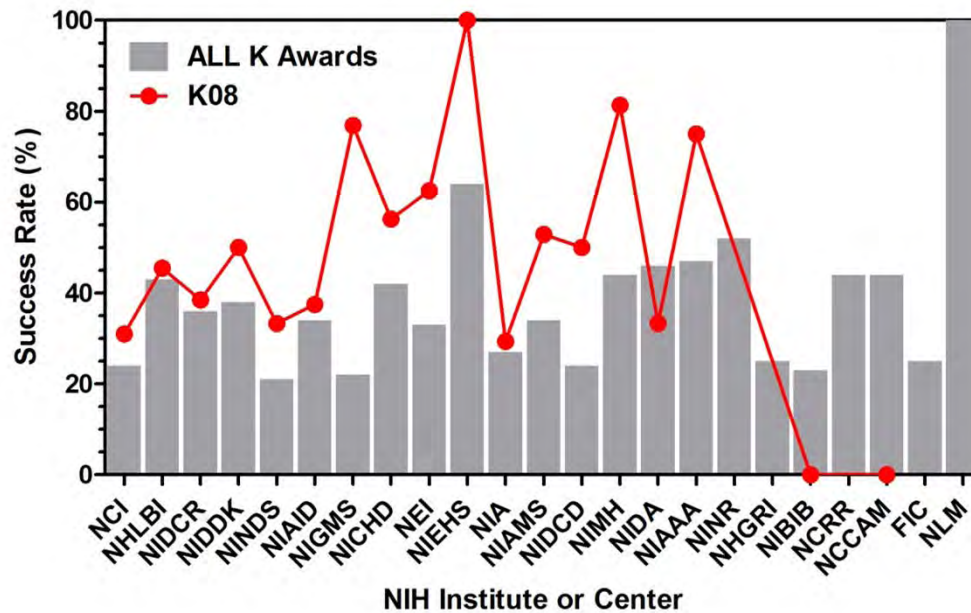
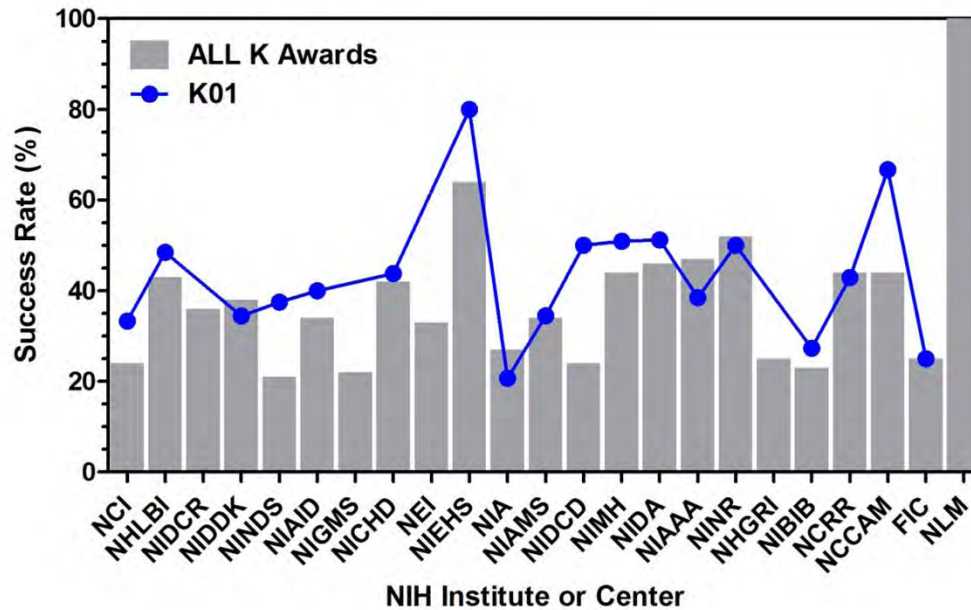
# Application Procedures

- K awards are electronically submitted using application package found with Funding Opportunity Announcement (FOA)
- Submission Dates:
  - **New:** February 12, June 12, October 12
  - **Renewal, Resubmission, Revision:** March 12, July 12, November 12
- Institute / Center use of Career Awards is variable  
**Read the FOA carefully; call the NIH awarding component with any questions**

# Funding of Individual K Awards Varies by Institute / Center



# K Award Success Rates Vary by Institute & Center



# Application Procedures

## Electronic Submission involves the following business processes

- Research Strategy:
  - Uses format like Research grants to align with review criteria (Significance, Innovation, Approach)
  - Page limit for Research Strategy + Candidate's Information = 12 pages
- Budget: Now required with application
- Candidate's Biosketch: Includes "Research Support" section and Personal Statement; same as other biosketch used by investigators



# Application Procedures (cont)

- Reference Ltrs:
  - Submitted directly through the eRA Commons; not as part of the Grants.gov application.
  - Are matched with application at NIH.
  - Must include correct FOA # to match.
  - Referees need not be registered in the Commons to submit a reference letter
  - Candidate use Commons to monitor receipt only (Can't view actual reference letters)
- See Special Career Instructions in Application Guide (Section I.7)
- See Notice OD-09-029:  
<http://grants.nih.gov/grants/guide/notice-files/NOT-OD-09-029.html>

# Some Examples of Non-NIH Career Development Awards

- VA Career Development Award
- Dermatology Foundation Career Development Award
- NASPGHAN-CDHNF Fellow to Faculty Transition Award
- Robert Wood Johnson Faculty Development Award
- Foundation for Anesthesia Education and Research Mentored Research Grant
- Doris Duke Clinical Scientist Development Award
- American Epilepsy Society Early Career Physician Scientist Award
- American Diabetes Association Young Investigator Award

***Ask your mentor, peers, professional societies***

# Conversation Points

- How will you fund the science?
- When is it OK to double up?
- Why do you say “K Awards are a two edged sword”?
- What does my mentor mean by saying I don’t want all five years?
- What counts as “my” career development?
- How do I access the funded grants library?